

## **SEDARVP-GHANA SUSTAINABLE AND COMMUNITY BUILDING WORKSHOP**

<p><b>TITLE: SUSTAINABLE AND COMMUNITY BUILDING WORKSHOP</b> <b>LOCATION: JANGA, WEST MAMPRUSI DISTRICT, NORTHERN GHANA.</b> <b>DATE: FRIDAY, 28<sup>TH</sup> JUNE 2019.</b> <b>DURATION:4HRS (10AM – 2PM)</b> <b>Group Size: 20</b> <b>Age: 16 - 20</b></p>
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### **INTRODUCTION**

Sustainability is a very broad term and varies from individuals, communities, countries and continents for that matter. Sedarvp Ghana, whose members participated in the Sustainability and Community Building Training Course in Spain and the Step WINTER SCHOOL in GREECE, organized a workshop in the local community of Janga in Northern Ghana so as to spread the information about sustainability, encourage the need to protect the environment and live sustainable life styles amongst the young people.

We chose to target young people from the rural community because we felt they are almost always the less informed about issues of this sort and therefore extending this workshop to them is an intervention that can positively influence their actions towards their environment.

### **ACTIVITY DESCRIPTION**

The ultimate goal of the local workshop was to inform young people about sustainability and the need to protect their environment. In order to achieve this, we adopted a few non formal educational methods to carry out our activities mostly from the STEP MODULE. Participants were greatly involved in discussions, brainstorming and practical activities with the facilitators. This gave participants a greater understanding about sustainability and community building.

### **ACTIVITIES IN DETAIL**

1. **WELCOME INTRODUCTION:** We began with an introduction made by Sedarvp Ghana to welcome all participants to the workshop, expressed thanks to them for making the time and introducing to them the purpose of the event, the activities to be carried out and facilitators to lead the workshop.
2. **PARTICIPANT INTRODUCTION:** there was an introduction of participants present at the event and as a way of boosting interactions amongst the participant we tried to make the introduction as interactive and energizing as possible. By so doing we asked each participant to pick a partner from the group and within five minutes learn the names of their partner, school, what makes them special and what they want to be in future after which each of them introduced the other. This was proven to make the sessions more interactive during the rest of the activities of the workshop.
3. **EXPECTATIONS AND FEARS:** After the interactive introduction, participants were given the time to think and write down on pieces of paper what their expectations about the workshop were as well as their fears. This was read out loud by each participant after which they posted it on the wall.
4. **UNDERSTANDING SUSTAINABILITY:** After a short presentation was made about sustainability, the participants were put in to three groups, each group was tasked to discuss, interact, share ideas and come up with various definitions, opinions and ideas about the term sustainability. Participants were asked to write on a piece of paper in groups what they think about sustainability, after which these pieces of papers with various definitions of sustainability were posted on the wall to justify the broad nature of

the term and the fact that every opinion of the term is valid based on the situation and perspective.

5. **SUSTAINABLE PRACTICES:** participants were also engaged in a session on the various elements of sustainability thus; the social, economy and environment exploring their link and how they affect each other. Participants were again grouped in to three and asked to discuss amongst themselves, brainstorm and come up with sustainable practices for each of the elements (social, economy, environment) and the need or importance associated with its adoption after which each group had ten (10) minutes to present their findings to the rest of the group.
6. **THE POWER TO PROTECT MY ENVIRONMENT:** with the use of the restorative circle method, the participants were given the opportunities to write down one or more words that represent their inspirations and motivation in life, after which they placed them in the middle of the circle. With the help of the talking piece, everyone took turns talking about problems facing their various communities in terms of environmental, social and economics. The final round of sharing required participants to say what they would have done differently if they had the power to their environment.
7. **ENERGIZERS:** The group employed the use of a few energizers to boost the morale of participants. Short energizers were put in between sessions in order to release stress and boredom and prepare participants for the next sessions.
8. **EVALUATION:** After the workshop, there was an evaluation session to examine the whole day and activities carried out. In carrying out this session we used the restorative circle approach to get the views, concerns and feelings of everyone. Participants were glad to share; almost everyone had a thing or two to applaud us for. We also made a

feelings checkout of the day to examine if we met the expectations of participants and also find out if the general aims and objectives were achieved and if there were hitches that we ought to look out for next time.

## **CONCLUSION**

Despite a few hitches with timing and logistics the workshop was a great success. The impact was felt based on expressions from participants who pledged to continue advocating for the protection of their environment, ensuring social justice and exploring other sustainable practices in their community.

## **FACILITATOR AND CO-FACILITATORS**

<b>NAMES</b>	<b>ORGANIZATION</b>
ALHASSAN MOHAMMED ANDANI	SEDARVP GHANA
ABDUL BASIT MOHAMMED AWAL	YARO CLUB
JOSEPHINE FRANCIS	THE GIRLS CLUB

**GALLERY:**



**PARTICIPANTS FAMILY PICTURE AFTER THE WORKSHOP**



**WELCOME ADDRESS BY MOHAMMED ANDANI**



**ENERGIZER INTRODUCTION**



GROUP ACTIVITIES



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WORKING ON SUSTAINABLE PRACTICES







RESTORATIVE CIRCLE (POWER TO PROTECT MY ENVIRONMENT)





1GROUP PRESENTATIONS



RESTORATIVE CIRCLE (EVALUATION)

# EXPECTATIONS

To learn new things

To learn about my environment

To make friends

To know more about sustainability

To build my confidence

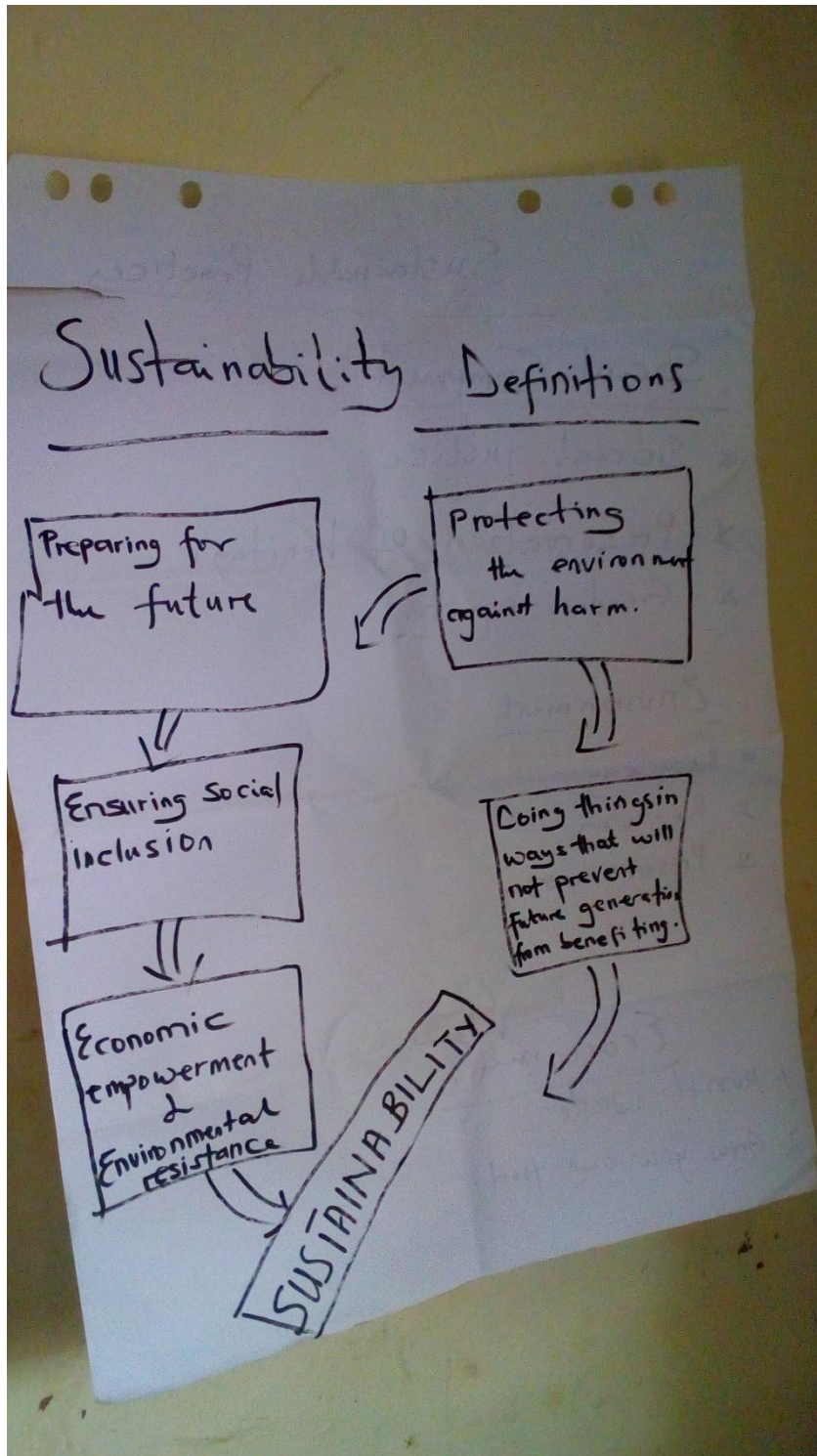
# FEARS

\* To waste time

\* To learn nothing

\* To not understand

SUMMARY OF PARTICIPANTS EXPECTATIONS AND FEARS



OUTCOME OF SUSTAINABILITY ACTIVITY, JUSTIFYING PARTICIPANTS DEFINITIONS OF THE TERM

EVALIATION CHART /100%

	<del>POOR</del> POOR	GOOD	V. GOOD	EXCELLEN
1. EVENT VENUE	0	0	70%	80%
2. CONTENT	0	0	80%	90%
3. FACILITATORS	0	0	70%	90%
4. ACTIVITIES	0	0	20%	80%

FINAL EVALUATION CHART